

Rushford, Spring Valley capture track crowns

1976 from Winona Daily News

AUSTIN, Minn. — Surprising Rushford and a strongly-balanced Spring Valley won the boys' and girls' titles respectively in the Class A, District One Track Meet held here Saturday.

Rushford outlasted Preston and Spring Valley to take the boys' crown with 78 points, and the Bluejays and Wolves wound up with 76 apiece. Spring Valley piled up 127 points to claim the girls' title. La Crescent finished second with 70 and Preston was third with 64.

Mitch Lentz of Spring Valley won four events in the boys' meet — the 100 and 220-yard dashes, the 180 yard low hurdles and the long jump. Brian Hoff of Preston was first in the 440-yard dash in 52.0, took the 880-yard run in 2:00.2 and anchored his team's victorious mile relay with a split quarter-mile time of 49.8.

Rob Serres of La Crescent won the mile run, and teammate Mike Theobald was first in the two-mile run.

The top three finishers in the individual events and the top two teams in the relays qualified for the Class A, Region One Meet which is scheduled for Friday and Saturday in Austin. Competition will get under way at 4 p.m. Friday.

Lanesboro was fourth in the girls' meet with 51½ points followed by Rushford with 34. Houston with 21, LeRoy-Ostrander with 18½, Mabel-Canton with 10 and Wykoff with three.

Rhonda House of Spring Valley was first in the shot put, high jump and long jump, and teammate Janae Vreeman won the 100- and 220-yard dashes.

BOYS' RESULTS

Rushford 78, Spring Valley and Preston 76, Spring Grove 68, La Crescent 61, Lanesboro 47, Wykoff 37, Harmony 24, Houston 16, Peterson 9, Caledonia 4, Mabel-Canton 0.

FIELD EVENTS

SHOT PUT: 1, Bunge (SG), 2, Nehring (Pr), 3, Austin (Ma), T-35½. DISCUS: 1, Jeff DeVine (LI), 2, Davids (SV), 3, Dacktor (Ma), D-127 10. LONG JUMP: 1, Mitch Lentz (SV), 2, Bunge (R), 3, Christianson (Pr), D-220. HIGH JUMP: 1, Dave Bierke (SG), 2, Bunge (R), 3, Finke (W), H-5 10. POLE VAULT: 1, Onsgard (SG), 2, Shipton (W), 3, Hellingrud (W), H-109.

TRACK EVENTS

120 YD HIGH HURDLES: 1, Bierke (SG), 2, Kins (R), 3, Smith (SG), T-17.6. 100 YD DASH: 1, Lentz (SV), 2, Ostrem (LI), 3, Bunge (R), T-10.5. MILE RUN: Rob Serres (LC), 2, Pearson (LI), 3, Maloney (SV), T-4 29.8. 440 YD DASH: 1, Brian Hoff (Pr), 2, Thompson (R), 3, Cady (Pr), T-52.0.

180 YD LOW HURDLES: 1, Lentz (SV), 2, Bierke (SG), 3, Kins (R), T-21.4. 880 YD RUN: 1, Brian Hoff (Pr), 2, Langan (LC), 3, Baker (R), T-2 00.2. 220 YD DASH: 1, Lentz (SV), 2, Kins (R), 3, Bunge (R), T-23.9. TWO MILE: 1, Mike Theobald (LC), 2, Brad Hoff (Pr), 3, Malley (Pr), T-10 26.7.

RELAYS

880: La Crescent, 2, Spring Valley, T-1 39.4. SPRINT MEDLEY: 1, La Crescent, 2, Lanesboro, T-3 47.0. MILE: 1, Preston, 2, Lanesboro, T-3 42.5.